

# CREIGHTON MODEL FertilityCare™ System

*Discover what every couple needs to know and what every woman has the right to know...*

NaPro**TECHNOLOGY**  
Medical Consultant



Dr. Stroud is a Board-Certified Obstetrician-Gynecologist specializing in NFP only Creighton Model FertilityCare™/NaPro**TECHNOLOGY**, fertility sparing, & minimally invasive robotic surgery. As part of a desire to practice medicine in a way that is consistent with his deeply held positions on life, he founded the Fertility and Midwifery Care Center in 2014. A well-known advocate for natural birth and vaginal birth after cesarean section (VBAC), Dr. Stroud travels extensively speaking to a variety of audiences on topics including infertility and women's health, marriage preparation, and medical ethics, among others.

Christopher Stroud, MD

NaPro**TECHNOLOGY**  
Medical Consultant



Dr. Martin a Board-Certified Obstetrician-Gynecologist specializing in NFP only Creighton Model FertilityCare™/NaPro**TECHNOLOGY**. She attended Indiana University-Bloomington and graduated from the Kelley School of Business. She completed her Obstetrics and Gynecology residency at St. Vincent Hospital. She is excited to serve the Fort Wayne community (and beyond), seeing her work as a divine calling and challenge to better women's healthcare with a revival of the "culture of life."

Angela Beale Martin, MD

NaPro**TECHNOLOGY**  
Medical and Surgical Consultant



Dr. Milburn is a Board-Certified Obstetrician-Gynecologist specializing in NFP only Creighton Model FertilityCare™/NaPro**TECHNOLOGY**. He obtained his Bachelor of Arts in Molecular Biology at Kenyon College in Gambier, Ohio and began his medical career in 2009 attending The George Washington University School of Medicine and Health Sciences in Virginia. He completed his OB/GYN residency in Buffalo, New York at Sisters of Charity Hospital. Dr. Milburn is excited to put his specialized fertility training to work in Northeast Indiana.

Blaise C. Milburn, MD

## FertilityCare™ Practitioners



Lea has a Bachelor's Degree in Biology and took her love for science and applied it to women's health by becoming a Certified Creighton Model FertilityCare™ Practitioner. She was inspired to become a practitioner while working with her mother-in-law who also teaches the Creighton Model. Lea thought it was also a good way to work while raising a new family. "Little did I know that it would open so many opportunities."

Lea Oberhausen, CFCP



Kim is a FertilityCare™ Practitioner and Registered Nurse. She obtained her nursing degree in 2006 from The University of Indianapolis.

She feels very blessed to be a part of such an amazing and kind family here at the FMCC. She is excited to empower others with information to use the Creighton Model for their specific needs. She believes the Creighton Model is an amazing tool for women to better understand and manage their reproductive health in a natural way.

Kim Krish, RN, CFCP



Anne Therese is a Certified Fertility Care Practitioner. She has taught the Creighton Model Fertility Care Method to women and couples since 2011. Throughout her years of experience, she has encountered women and couples in a variety of situations, be it to achieve or avoid pregnancy, or for medical purposes, or simply to learn more about the harmony within a woman's body.

"I enjoy meeting and working with each woman and couple who come seeking knowledge about their fertility and to walk with them on their unique journey."

Anne Therese Stephens, CFCP

# Understanding the **CREIGHTON MODEL** FertilityCare™ System and NaPro**TECHNOLOGY**

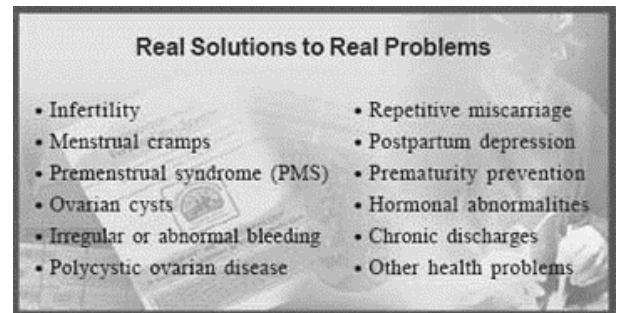
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Most women still do not know about the workings of their cycles and of the time of fertility and infertility. Every woman has the right to understand her body and the way her body works.

After 30 years of research, the **CREIGHTON MODEL** FertilityCare™ System (CrMS) and NaPro**TECHNOLOGY** dispel the mystery of a women's cycle while empowering the couple to be in control of their fertility on a month to month basis.

The **CREIGHTON MODEL** FertilityCare™ System is a standardized observation technique and charting of biological markers that are essential to a woman's health and fertility. These markers tell the couple when they are naturally fertile and infertile to effectively use the model either to achieve or avoid pregnancy.

The bonus of using this method of Natural Family Planning is that it is the basis for the new women's health science of NaPro**TECHNOLOGY**. Together, the **CREIGHTON MODEL** FertilityCare™ System and NaPro**TECHNOLOGY** help bring couples closer together by understanding their fertility and strengthening marriages.



## Learning the **CREIGHTON MODEL** FertilityCare™ System

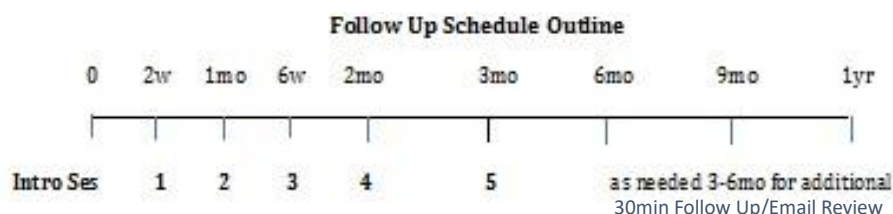
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Fundamental to the **CREIGHTON MODEL** (CrMS) and a key to its overwhelming success is a standardized approach to teaching and using the model. To accomplish this, we offer the services of our FertilityCare™ Practitioners Lea Oberhausen, Kim Krish, and Anne Therese Stephens. We work together as a team to help women and couples understand their fertility, and we have witnessed the transformation empowering the couple to plan their own family.

It begins with an Introductory Session presented in a small group setting, which presents everyone the necessary background information and basic charting instructions. Husbands are encouraged to attend so this can be a shared system between spouses.

Following the Introductory Session, the woman/couple attend a series of Individual Follow Up sessions with Lea, Kim, and Anne Therese allowing them to quickly gain confidence in making observations and charting those observations accurately. All sessions are held at FMCC.

The Follow Up schedule is outlined so that the woman/couple will meet every 2 weeks for the first 4 sessions, then on a monthly basis until confident. After the initial meetings, we simply meet every 3-6 months for a quick chart review and new materials as needed. (see below)



# Upcoming Introductory Session Dates 2018 & 2019:

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## **Saturday Mornings at 10am:**

December 8<sup>th</sup>, 2018  
January 12<sup>th</sup>, 2019  
February 23<sup>rd</sup>  
March 23<sup>rd</sup>  
April 13<sup>th</sup>  
May 4<sup>th</sup>  
June 22<sup>nd</sup>  
July 27<sup>th</sup>

## **Monday Evenings at 6pm**

November 19<sup>th</sup>, 2018  
December 17<sup>th</sup>  
January 7<sup>th</sup>, 2019  
February 11<sup>th</sup>  
March 11<sup>th</sup>  
April 1<sup>st</sup>  
May 6<sup>th</sup>  
June 3<sup>rd</sup>  
July 8<sup>th</sup>

## **Wednesday Evenings at 6pm:**

December 5<sup>th</sup>, 2018  
January 23<sup>rd</sup>, 2019  
February 6<sup>th</sup>  
March 6<sup>th</sup>  
April 24<sup>th</sup>  
May 22<sup>nd</sup>

## **Pricing**

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### **The Creighton Model Bundle - \$345**

Includes: New Client Registration Fee, Group Introductory Session 1-60min and 4-30min Individual Follow up Sessions.

**Payment Option 1:** Pay up front to receive 5% discount: \$327.75 due at Intro

**Payment Option 2:** Payment plan for 3 monthly payments of \$115

**Payment Option 3:** Pay Per Item as services used: \$100 due at Intro, \$65 due at time of Initial follow up, and additional follow up sessions charged per visit.

**New Client Registration Fee:** \$50 includes start up fee and starting materials. This is a 1 time fee due with Introductory Session cost.

**Group Introductory Sessions:** \$50 (see scheduled dates)

**Individual Introductory Sessions:** \$75

**Initial Follow Up (45-60min):** \$65

**Follow Up (30-45min):** \$45

**Email Chart Review:** \$15 (for established patients only)

**Transfer Client Fee:** \$50 (1 time fee)

### **Materials: Contact your Practitioner to arrange new materials**

*New Chart:* \$4

*Stocker Packet:* \$6

*Single Sticker Sheet:* \$1

*User Picture Dictionary:* \$40

**Please call the office to register.**

No one will be turned away for financial hardship. Please call for other payment options.

### **Helpful Sites**

[popepaulvi.com](http://popepaulvi.com)

[CreightonModel.com](http://CreightonModel.com)

[NaProTechnology.com](http://NaProTechnology.com)

[FertilityCare.org](http://FertilityCare.org)

[Fertilitycare.net](http://Fertilitycare.net) – FertilityCare Europe

Affiliated Center with FertilityCare™ Centers of America featuring NaProTECHNOLOGY  
[www.popepaulvi.com](http://www.popepaulvi.com)