

Fertility & Midwifery Care Center



Medications generally used during pregnancy

COLDS AND ALLERGIES

Benadryl
Chlortrimeton
Claritin

Flonase

Mucinex

Robitussin

Robitussin Cough & Cold CF

Robitussin Cough & Cold Long Acting

Robitussin DM

Robitussin Night Time Cough & Cold
Robitussin Night Time Cough, Cold & Flu

Sudafed (behind the counter)

Sudafed PE

Sudafed PE-Non-Drying Sinus

Throat Lozenges

Tylenol

Tylenol Extra Strength

Tylenol Sinus Congestion & Pain

Tylenol Sinus Congestion & Pain Daytime

Tylenol Sinus Congestion & Pain Nighttime

Zyrtec

HEMORRHOIDS

Anusol
Hydrocortisone
Preparation H Cream

Preparation H Ointment

Tucks

CONSTIPATION

Miralax

Citrucel

Colace

Fibercon

Metamucil
Milk of Magnesia

Surfak

YEAST INFECTIONS

Monistat 7

Gyne-Lotrimin

SKIN CREAMS

Calamine

Cortaid

Neosporin

Benadryl

ANTI-GAS AGENTS

Mylicon
Phazyme
Gaviscon

SLEEPING AGENTS

Unisom (Doxylamine)

Benadryl

Tylenol PM

Magnesium

ANTI-NAUSEA

– See nausea & vomiting handout

Vitamin B6

Unisom (Doxylamine)

ANTACIDS

Maalox

Mylanta

Pepcid (Famotidine)

Prilosec (Omeprazole)

Tums

DIARRHEA

Imodium

Medications generally NOT used during pregnancy

Aspirin (unless otherwise directed)

Ibuprofen (Advil/Motrin/Nuprin)

Naproxen (Aleve/Anaprox)

Alka Seltzer

Pepto Bismol

Melatonin

Diclofenac (Catalfam)

*Salicylic Acid

Retin-A

**Often found in acne treatments or Listerine*

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