

Fertility & Midwifery Care Center



Medications considered SAFE during pregnancy

COLDS AND ALLERGIES

Benadryl
Chlortrimeton
Claritin

Flonase
Mucinex
Robitussin

Robitussin Cough & Cold CF

Robitussin Cough & Cold Long Acting
Robitussin MD
Robitussin Night Time Cough & Cold
Robitussin Night Time Cough, Cold & Flu
Sudafed (behind the counter)

Sudafed PE
Sudafed PE-Non-Drying Sinus
Throat Lozenges

Tylenol
Tylenol Extra Strength
Tylenol Sinus Congestion & Pain
Tylenol Sinus Congestion & Pain Daytime
Tylenol Sinus Congestion & Pain Nighttime
Zyrtec

HEMORRHOIDS

Anusol
Hydrocortisone
Preparation H Cream

Preparation H Ointment

Tucks

CONSTIPATION

Miralax
Citrucel
Colace
Fibercon

Metamucil

Milk of Magnesia
Surfak

YEAST INFECTIONS

Monistat
Gyne-Lotrimin

TOPICAL AGENTS

Calamine
Cortaid
Neosporin
Benadryl

ANTI-GAS AGENTS

Mylicon
Phazyme
Gaviscon

SLEEPING AGENTS

Unisom
Benadryl

Tylenol PM

ANTI-NAUSEA

Vitamin B6

ANTACIDS

Maalox
Mylanta
Pepcid
Prilosec
Zantac
Tums

DIARRHEA

Imodium
Kaopectate

Medications that should NOT be taken during pregnancy

Aspirin
Ibuprofen (Advil/Motrin/Nuprin)
Naproxen (Aleve/Anaprox)

Alka Seltzer
Pepto Bismol
Castor Oil
Melatonin

Diclofenac (Catalfam)
*Salicylic Acid
Retin-A

**Often found in acne treatments or Listerine*

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